

What's included in the Care Home Friends training?

The purpose of the training is to help care home friends feel more confident about volunteering in a care home, to understand what is expected of them and what they can expect of us.

Important to us is that volunteers understand the ethos behind Care Home Friends. We want to be a blessing and support to both the residents and staff at the care home, to value the work that staff do and to be able to offer the time to spend doing activities with residents that staff do not have time for.

Our training covers the following areas:

- Qualities and skills needed to volunteer in a care home
- Activities that volunteers can do in a care home
- Communicating with older people
- Boundaries
- Confidentiality
- Safeguarding

What our basic training does not cover:

- Dementia - We talk a little about dementia in our basic training and show a SCIE video on how living in a care home can be a positive outcome for someone with dementia. But we do not go into it in greater depth.
- Moving and handling for volunteers

We offer Dementia and Moving and Handling for volunteers as further training that volunteers can take at a later stage if they would like to. If volunteers are taking residents out then we require that they have some moving and handling training.